

# GROWING GARDENERS WORKSHOP SERIES



## -JANUARY-

- **COOKING ASIAN CUISINE**  
with Sarah Xiong & Anna Brun  
*Sat. January 11th. 1-3PM @ City Sprouts*  
  
Learn authentic Asian recipes using modern and old world techniques with instructor Sarah Xiong.

- **DIY PRODUCTS FOR HOME & BODY**  
with Stephanie Finklea & Jaimee Trobough  
*Wed. January 22nd. 6-8PM @ Big Garden*  
  
Participate in making your own household and personal products. Learn to make laundry detergent, deodorant, multipurpose cleaner, and more!

## -LOCATIONS-

**CITY SPROUTS**  
4002 Seward Street  
402-504-1910

**THE BIG GARDEN**  
5602 Read Street  
402-898-9862

**BIG MUDDY URBAN FARM**  
3322 Burt Street  
402-213-9646

## -FEBRUARY-

- **BUILDING RAISED BEDS**  
with Kay Wilwerding & Mioux Stabler  
*Mon. February 3rd. 6-8PM @ Big Garden*  
  
Come build a raised bed! We'll go over sourcing lumber, necessary tools, and how to set and fill your raised bed.



- **STARTING SEEDS**  
with Kay Wilwerding & Stephanie Finklea  
*Wed. February 12th. 6-8PM @ Big Garden*  
  
Learn proper seed starting techniques to get your garden going this year. Our step-by-step process will cover most crops and can be replicated at home.

- **PLANNING A VEGETABLE GARDEN**  
with Alex O'Hanlon & Erin Higgins  
*Wed. February 12th. 6-8PM @ City Sprouts*  
  
Planning your garden saves you time and energy. Learn to make the most of your space and maximize your harvest.



MULHALL'S

**-FEBRUARY-**● **SEED SHARE**

Hosted by The Big Garden, City Sprouts, and Big Muddy Urban Farm,

*Sat. February 15th. 10-2PM @ Yates ECP (3260 Davenport St.)*

Neighbors sharing seeds is a time-honored tradition that strengthens local food security. Help us keep the tradition alive by sharing your seeds and connecting with your neighbors. Come for seeds, education, kids activities, free drinks and snacks, and for the announcement of the 2020 Seed of the Year! [See the Facebook event for more info.](#)

● **PLANNING A PERENNIAL HERB GARDEN**

with Alex O'Hanlon & Shannon Kyler

*Wed. February 19th. 6-8PM @ City Sprouts*

Learn how to plan a productive perennial herb garden for aesthetic, culinary, and apothecary purposes.

● **STARTING SEEDS**

with Kay Wilwerding & Mioux Stabler

*Mon. February 24th. 6-8PM @ Big Garden*

Learn proper seed starting techniques to get your garden going this year. Our step-by-step process will cover most crops and can be replicated at home.

● **PRUNING FRUIT TREES**

with Erin Higgins

*Sat. February 29th. 1-3PM @ Big Muddy*

Come learn the basics of fruit tree pruning. We'll be pruning newly planted apple, pear, peach, and cherry trees and will be focusing heavily on open vase technique to keep the harvest lower to the ground. We'll also take a look at some espaliered trees.

**-ABOUT-**

The [Growing Gardeners Workshop Series](#) is a collaboration between City Sprouts and The Big Garden in Omaha, Nebraska. Our purpose is to offer four seasons of hands-on workshops that feature skills and techniques for every gardener and urban farmer. All workshops are low cost and all ages are welcome. No one will be turned away for an inability to pay. Donations are appreciated.

**ADVANCED REGISTRATION REQUIRED:**

Visit [www.growinggardeners.org](http://www.growinggardeners.org) and click on workshops. Classes with fewer than 5 registrations may be canceled or postponed.

For more info about our organizations:

**City Sprouts**

[www.OmahaSprouts.org](http://www.OmahaSprouts.org)

**The Big Garden**

[www.BigGarden.org](http://www.BigGarden.org)

**Big Muddy Urban Farm**

[www.BigMuddyUrbanFarm.org](http://www.BigMuddyUrbanFarm.org)

**-TRACKS KEY-**

- Urban Ag School
- Herbal Medicine Cabinet
- Culinary & Nutrition
- Lifestyle & Community