

# GROWING GARDENERS

## workshop series

### FALL 2019



PLEASE NOTE: All workshops are free and REQUIRE ADVANCE REGISTRATION on [www.growinggardeners.org](http://www.growinggardeners.org).  
Classes with fewer than 5 registrations may be cancelled or postponed.

## - SEPTEMBER -

### SEASON EXTENSION

with Aaron French & Cait Caughey

*Wednesday September 4th. 6-8PM  
at City Sprouts*

Carrots in January? Spinach for the holidays?  
It's possible! Learn how to continue growing well  
into the fall and early winter!

### FALL PERENNIAL GARDEN: TRANSPLANTING

with Alex O'Hanlon & Erin Higgins

*Thursday September 5th. 6-8PM  
at City Sprouts*

Fall is a great time to transplant perennials to  
give them a head start for next spring. Come  
learn proper fall planting and care for perennial  
transplants.

### CANNING VINEGAR PICKLES

with Clare Maakestad & Alex O'Hanlon

*Saturday September 7th. 3-5PM  
at City Sprouts*

Join us for a hands-on, step-by-step opportunity  
to learn how to safely can vinegar pickles.  
Everyone will go home with pickled vegetables  
as well as the skills to preserve their own garden!

### DRYING HERBS with Alajia McKizia

*Monday. September 9th. 6-8PM  
at The Big Garden*

Learn different ways to process and dry herbs  
and ways to use them.

### HOT SAUCES: VINEGAR AND FERMENTED

with Aaron French & Alex O'Hanlon

*Wednesday September 18th. 6-8PM  
at City Sprouts*

Love hot sauce? Have too many hot peppers? So  
do we! Come join us for this hands-on workshop  
while we work our way through a bounty of hot  
peppers and preserve them using two different  
methods; canning them with vinegar, salt and  
sugar and fermenting them. You will learn the  
basics of each method and take home your own  
hot sauce!

### FINDING NUTRITION IN A SEASONAL GARDEN with Kaiya Clark and Jason Novy

*Thursday September 19th. 6-8PM  
at City Sprouts*

Creighton nursing students Kaiya Clark and  
Jason Novy want to show you how your garden  
and kitchen can come together to create a  
delicious meal. In this workshop, you will learn  
how to prepare seasonal and local ingredients  
into a delectable dish. Everyone will walk away  
with a recipe card featuring the dishes created.

### POLLINATOR JAMBOREE

*Saturday September 21st at City Sprouts*  
Join us for our pollinator-themed celebration  
with a pizza party, education stations, games,  
activities and more. This event will be fun for all  
ages. Follow us on Facebook @OmahaSprouts to  
stay tuned for more details!



## DRY SEED SAVING

with Cait Caughey & Alex O'Hanlon

*Monday September 23th, 6-8PM  
at The Big Garden*

Learn various dry seed saving methods; threshing + winnowing, sorting, sifting. Bring seeds you need to process and package if you have any.

## BIENNIAL SEED SAVING

with Cait Caughey & Alex O'Hanlon

*Thursday September 26th, 6-8PM  
at The Big Garden*

Learn techniques and prepare to save biennial vegetable crops, a more advanced seed saving exploration.

# - OCTOBER -

## CROP SWAP

with Cait Caughey & Alajia McKizia

*Wednesday, October 2nd, 6-8PM  
Location TBD*

Join us for swapping some crops, stories, and gardening tips and tricks! More details to come. Follow us on Facebook to keep posted!

## GARLIC PLANTING

with Stephanie Finklea & Shannon Gennardo

*Monday, October 7th, 6-8PM  
at The Big Garden*

It's time to plant garlic for a spring harvest! We will prep the garden space, plant, garlic, and discuss how to care for the plants as they emerge. Come prepared to garden!

## SEED SCHOOL

with Alex O'Hanlon & Cait Caughey

*October 19th & 20th  
at City Sprouts and The Big Garden*  
Big Garden and City Sprouts are hosting our very first Seed School! This will be a two day intensive training that covers planning for seed saving, history, importance, and selection and isolation techniques. Stay tuned for more details!

## HERBAL MEDICINE CABINET V: FIRE CIDER

with Shannon Gennardo & Alex O'Hanlon

*Wednesday, October 23rd, 6-8PM  
at City Sprouts*

Fire cider is a long-used prevention and remedy for many winter ailments. We will discuss preparing your herbal medicine cabinet for winter, prepare fire cider together, and finish the evening with an optional herb walk around our campus. Everyone will take home a quart jar of fire cider.

## PLANTING POLLINATOR STRIPS IN A VEGETABLE GARDEN

with Xerces Society & Aaron French

*Time TBD at City Sprouts*

A hands on, interactive workshop presented in partnership with the Xerces Society. Learn about pollinators and beneficial insects in the garden while helping to plant pollinator strips at the CS farm.



### THE BIG GARDEN

5602 Read Street

### CITY SPROUTS

4002 Seward Street

### CITY SPROUTS SOUTH

1815 N Street

The **Growing Gardeners Workshop Series** is a collaboration between City Sprouts and The Big Garden in Omaha, Nebraska. Our purpose is to offer four seasons of hands-on workshops that feature skills and techniques for every gardener and urban farmer. All workshops are free or low-cost, all-ages, and no one will be turned away for inability to pay.

### FOR ADVANCE REGISTRATION:

visit [www.growinggardeners.org](http://www.growinggardeners.org) and click on workshops