

GROWING GARDENERS

workshop series

SPRING 2019



PLEASE NOTE: All workshops are free and require advance registration on www.growinggardeners.org.
Classes with fewer than 5 registrations may be cancelled or postponed. Classes are capped at 15.

- MARCH -

PYROMANIA! THE EVOLUTION OF HUMANS AND FIRE with Jim Schalles & Shannon Gennardo

Wednesday, March 6th 6-8PM at City Sprouts, 4002 Seward St

This class will offer a historical walk-through of humans in relationship with fire. We'll look at Otzi the Iceman's lighter, the Roman Bathhouses, the top-down fire, rocket stoves and all the stops in between. Come sit around the fire as we manipulate it and step back into a relationship with that which has provided us with warmth and tasty foods since our ancient ancestors stole it from the wilds.

PRAIRIE TALK with Cait Caughey & Lance Brisbois, Golden Hills Resource Conservation & Development

Thursday, March 7th 6-8PM at Urban Abbey, 1026 Jackson St

Come learn all about one of the most treasured + disturbed natural environments; the prairie ecosystem. We will discuss tips for visiting the prairie, how to prepare a site for a prairie installation, interesting varieties and medicinal uses of prairie plants, who lives in the prairie, and how we can work to save it. Prairie enthusiasts unite!

PLANNING YOUR HERB & PERENNIAL GARDEN with Alex O'Hanlon & Stephanie Finklea

Thursday, March 14th 6-8PM at City Sprouts South, 5002 S 19th St

Learn how to plan a productive perennial herb garden for aesthetic, culinary and apothecary purposes. This class is part of the Urban Ag School.

PYSANKA: UKRAINIAN EGG DECORATING with Mary Greene

• *Saturday, March 16th 1-3PM at City Sprouts, 4002 Seward St*

• *Saturday, March 16th 3:30-5:30PM at City Sprouts, 4002 Seward St*

Learn the basics of Ukrainian egg decorating, also known as pysanka. Pysanka is a process that uses wax and dye to create patterns and intricate designs on an egg. Please note! Because of the use of hot wax and fragile eggs, this class is designed for ages 12 and up.

BACKYARD CHICKENS 101 with Shannon Gennardo & Clare Maakestad

Wednesday, March 20th 6-8PM at City Sprouts, 4002 Seward St

Come learn how to get started in urban chicken keeping. This class will be half classroom and half out at the chicken coop. This class is part of the Urban Ag School.

PLANNING YOUR VEGETABLE GARDEN with Alex O'Hanlon & Mark Brannen

Thursday, March 21st 6-8PM at City Sprouts South, 5002 S 19th St

Planning your garden saves you time and energy. Learn to make the most of your space and maximize your harvest. This class is part of the Urban Ag School.

COMMUNITY GARDENING 101 with Cait Caughey & Shannon Gennardo

Thursday, March 21st 6-8PM at The Big Garden, 5602 Read St

Are you a current or aspiring community gardener? This class will cover getting involved at various community gardens, and tips and tricks from two experienced community gardeners. This class is part of the Urban Ag School.

CULTIVATING MUSHROOMS INDOORS with Cait Caughey & Kevin Novak, Flavor Country Farms

Monday, March 25th 6-8PM at The Big Garden, 5602 Read St

In this workshop participants will learn basic set-up and maintenance of an indoor mushroom system.

SOIL HEALTH with Cait Caughey & Erin Higgins

Wednesday, March 27th 6-8PM at The Big Garden, 5602 Read St

Soil is the basis of everything we do in the garden and on the farm, understand and explore how to manage this valuable resource through a variety of techniques and practices. This class is part of the Urban Ag School.



- MARCH, cont'd -

PREPARING A NEW GARDEN SITE with Aaron French & Cait Caughey

Thursday, March 28th 6-8PM at City Sprouts, 4002 Seward St

Turn your yard into a productive produce paradise! We'll talk through how to pick your garden location, things to keep in mind and how to make the most happen with the least amount of work. Weather permitting, we will practice hands-on bed prep at the Decatur Urban Farm. This class is part of the Urban Ag School.

- APRIL -

SPRING COVER CROPS with Cait Caughey

Wednesday, April 3rd 6-8PM at The Big Garden, 5602 Read St

Cover crops are key for soil health and healthy soil is everything when it comes to production. We recommend them for every farmer and gardener and this class will help you know when to sow, how to terminate, and which crops to use for your desired outcomes. This class is part of the Urban Ag School.

SPRING PLANTING with Kay Wilwerding & Stephanie Finklea

Monday, April 8th 6-8PM at The Big Garden, 5602 Read St

It's time to get cool weather crops in the ground! Learn what needs to be planted and how to do it. This class is part of the Urban Ag School.

LOCAL FOODS 101 with Cait Caughey & Alajia McKizia

Thursday, April 11th 6-8PM at The Big Garden, 5602 Read St

Learn how to access + purchase food from your local farmers. Meet farmers and hear about their operations, learn how to join a CSA and food cooperative with Farmtable Delivery at Big Garden! ***NO REGISTRATION REQUIRED***

COMPOSTING 101 with Stephanie Finklea & Kay Wilwerding

Monday, April 15th 6-8PM at The Big Garden, 5602 Read St

Want to start a vegetable garden this season? Join us to learn best practices for planning your vegetable garden, from starting your seeds to mapping out your garden bed. This class is part of the Urban Ag School.

ORGANIC PEST MANAGEMENT with Aaron French & Cait Caughey

Wednesday, April 17th 6-8PM at The Big Garden, 5602 Read St

Delve into the world of managing pests without harsh, synthetic chemicals! We'll do some basic pest ID and cover the tenets / steps of Integrated Pest Management. This class is part of the Urban Ag School.

SOIL HEALTH, COVER CROPS, AND COMPOSTING with Alex O'Hanlon & Aaron French

Thursday, April 18th 6-8PM at City Sprouts South, 5002 S 19th St

In this class you will learn the basics of soil biology, and how to use covercrops and compost to help improve and maintain healthy soils. Weather permitting there will be hands on opportunities to practice different methods of covercropping. This class is part of the Urban Ag School.

WEED MANAGEMENT with Aaron French & Erin Higgins

Wednesday, April 24th 6-8PM at City Sprouts, 4002 Seward St

Even the best farmers struggle with weeds...but we'll talk (and weed!) our way through various tools and techniques to manage weeds, as well as talk about the lifecycles of the most common weeds. This class is part of the Urban Ag School.



The **Growing Gardeners Workshop Series** is a collaboration between City Sprouts and The Big Garden in Omaha, Nebraska. Our purpose is to offer four seasons of hands-on workshops that feature skills and techniques for every gardener and urban farmer. All workshops are free or low-cost, all-ages, and no one will be turned away for inability to pay.

FOR ADVANCE REGISTRATION:

visit www.growinggardeners.org and click on workshops